



Mallee Street, Leeton NSW 2705

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www.leeton-p.schools.nsw.edu.au

Principal: Mr Timothy Allen

School Swimming and Water Safety Program

Message to Parents / Caregivers

Arrangements have been made to include a learn to swim program in our school curriculum.

The Department of Education School Swimming and Water Safety Program is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The program is conducted over 10 days and will run for 3 weeks from Monday 13th November to Friday 1st December 2023. Each daily lesson is 45 minutes. Week 3 will be utilised if days are missed in weeks 1 & 2 due to poor weather.

Students in Years 2-6 who have not reached a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided with correct technique in deep water, are eligible to participate in the School Swimming and Water Safety Program.

Students in Years 2-6 who can swim 50 metres confidently in an Olympic sized pool and practice water safety and survival skills unaided in deep water will be eligible to participate the Royal Life Saving Program. These students will be working towards gaining the knowledge necessary to attain the Royal Life Saving's Bronze Star Award and a basic understanding of Cardiopulmonary Resuscitation (CPR). Students in Year 6 will be tested on their skills learned over the course and if they meet requirements will attain the Royal Life Saving's Bronze Star Award. Successful applicants will be able to purchase the related medallion and certificates at a cost of \$16.50 through Royal Life Saving Society, Australia.

Instruction will take place at Leeton Regional Aquatic Centre and students will be travelling to the pool by bus.

There will be no charge involved for these programs as they are subsidised by the school for 2023. (exception the successful Year 6 students wishing to purchase the Bronze Star medallions)

Each child should bring a swimming costume, towel, rashie, blouse/shirt, hat, comb, warm clothing on a cool day and a separate bag for wet swimming gear. It is recommended that students use adequate sun protection, e.g., an SPF30+ broad spectrum, water-resistant sunscreen reapplied regularly. Please ensure all clothing is labelled.

Students will be assessed during the School Swimming and Water Safety Program for all water safety skills **without wearing goggles**.

All students will attend this important program. Please complete and sign the following consent form and return to school by Monday, 6th November 2023.



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School Swimming and Water Safety Program Consent Form

Please return by Friday, 10th November 2023.

I hereby consent to the attendance of my child/ward _____ at the School Swimming and Water Safety classes to be held at Leeton Regional Aquatic Centre from Monday 13th November to Friday 1st December 2023. Travel will be by bus.

In the event of injury or illness, I also authorise on my behalf the seeking of such medical assistance that my child/ward may require. Special needs of my child/ward of which you should be aware (e.g. allergies, sensory impairment, etc):

My child is permitted to go in the water (please circle response):

- **A non-swimmer:** My child is unable to swim.
- **A weak swimmer:** My child is comfortable and confident in shallow water but cannot swim very well.
- **An average swimmer:** My child is a reasonable swimmer but is not very strong or confident in deep water.
- **A strong swimmer:** My child is a strong swimmer and is very confident in deep water.

My child is a season ticket holder.

Season Ticket Number _____

Important information

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the Department of its duty of care to students that may result in claims for compensation.

Parents/Carers are advised to assess the level and extent of their child/ward's involvement in the sport program offered by the school, school sport zone, region and state school sport Associations when deciding whether additional insurance cover is required prior to their child's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/Carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements, as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from <https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref>.

Further information regarding student accident insurance and private health cover is provided at: <https://app.education.nsw.gov.au/sport/file/1449>.

Concussion Clearance

The Australian Medical Association recommends students being symptom-free of concussion for 14 days before returning to sport.

- If your child/ward sustains a concussion, or experiences any concussion symptoms, in the 14 day period prior to the event commencing, you must report this to supervising teachers, and a medical clearance is required in order for your child/ward to participate in the event.
- Medical clearances can be attached to this consent form or can be submitted to supervising teachers separately.

Parent/Carer Acknowledgment and Consent

- I have read the information provided in the itinerary and I hereby consent to my child/ward participating in this excursion.
- I acknowledge that this excursion is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures.
- I acknowledge and accept that there is a risk that my child/ward may be exposed to COVID-19 whilst attending and participating at this excursion.
- I confirm that my child will not attend if displaying symptoms of illness, and/or if directed to isolate under public health orders.
- I acknowledge that my child/ward will be under the duty of care of the supervising teachers.
- I acknowledge that if my child/ward seriously contravenes behavioural expectation, they may be immediately excluded from the excursion. Should this eventuate, I accept full responsibility for my child/ward upon notification of their exclusion by the supervising teacher, including the cost return transport and accommodation.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility of expenses incurred.
- I acknowledge that if my child/ward sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the excursion commencing, I am required to report this to the organising teacher. I further acknowledge that, should this occur, my child/ward will only be permitted to participate in the planned activities, if a medical clearance is provided.
- I affirm that, to the best of my knowledge, my child has no medical condition or injury that places them at risk by participating in this sport activity.

Name: _____

SIGNED: _____

Parent/Carer

Date